

Melanoma...can you spot the difference?

BENIGN [harmless moles]



ATYPICAL [check with doctor]



MELANOMA



Do the "ABCD" spot check

A = Asymmetry of mole **B = Boarder irregular**

C = Colour variation or change **D = Diameter of mole > 6mm**

Look for changes in your spots. If you see any moles that look Atypical or like a Melanoma see your doctor immediately.

...use your melon and save your skin.



HMF

Hunter Melanoma Foundation

www.hmf.org.au