

# Melanoma...can you spot the difference?

**BENIGN** [harmless moles]



**ATYPICAL** [check with doctor]



**MELANOMA**



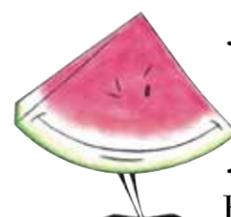
**Do the "ABCD" spot check**

**A = Asymmetry of mole    B = Boarder irregular**

**C = Colour variation or change    D = Diameter of mole > 6mm**

Look for changes in your spots. If you see any moles that look Atypical or like a Melanoma see your doctor immediately.

*...use your melon and save your skin.*



**HMF**

Hunter Melanoma Foundation

[www.hmf.org.au](http://www.hmf.org.au)