



PIP'S NPIECES

PO Box 278 Waratah NSW 2298. Phone 02 4985 0103 / Fax 02 4985 0101 / Email melafdn@tpg.com.au

FEB 2009

Chairman: Paul Kolatchew
Secretary/Vice Chairman: Peter Chapman
Treasurer: Janelle Kirk
Education: Carole Hooper
Committee:
Linda Swain Scott Stevenson
Cecil Hill Rebecca Boyd
John Rumball Elizabeth Slevin

This state-of-the-art laboratory tool enables more tumour samples to be tested more efficiently and with more accurate results. We are most appreciative of the Newcastle Permanent Charitable Foundation's on-going support.

Knowing how the early years of sun damage can greatly increase the life time risk of developing some form of skin cancer, we have, in recent years, directed our focus toward raising awareness in children and young adults. Our ambassadors Cory Paterson and Jake Sylvester have been tremendous in helping us reach this age group with the important sun safe message. I am pleased to say that they have both agreed to continue their relationship with the Hunter Melanoma Foundation.



Chairman's Report

Paul Kolatchew - Chairman HMF

The HMF relies heavily on the support of our volunteers to enable us to achieve our goals and I would like to take the opportunity to thank those who were willing give their time to attend and participate in the various events held throughout the year. Our primary aim at the beginning of 2008 was to increase awareness in the community of the prevention and early detection of melanoma – your help has enabled us to accomplish this objective.

I include the HMF committee in this thank you because I am most appreciative of the contribution each member has made during the past year and I value your confidence and support in my re-nomination as Chairman.

Our regular readers would be aware that The Newcastle Permanent Charitable Foundation has been a long time supporter of the HMF, particularly in our school 'Sun Safety' education and awareness program. As part of the HMF's charter to fund research as well as education, awareness and patient support at the Newcastle Melanoma Unit, we were pleased, once again, to work with the Newcastle Permanent Charitable Foundation to jointly fund a new Microplate Reader valued at \$42,000 for the Newcastle Melanoma Unit Research Laboratory.



Cory Paterson with the Merewether Nippers

Congratulations also to both Cory and Jake on their personal achievements in 2008. Cory was a finalist for the Telstra Ken Stephen Medal in Rugby League's One Community Awards. The award recognizes an NRL player who has demonstrated outstanding service to the game on and off the field. Cory's nomination by the Knights was supported by the HMF. Jake was selected in the Australian team to compete in France in May and has recently been selected to train with the Australian team again in 2009.

In November we were invited to talk to the Merewether Surf Club Nippers by the Captain of the Nippers, Lauren Soars. Lauren's brother is a pupil at a school we visited with our Sun Safety Campaign and when Lauren saw our HMF/Newcastle Permanent Charitable Foundation bag she approached the HMF to organize for someone to speak to the Nippers. Jake was very disappointed that he was unavailable due to other commitments, but Cory joined Jenny & myself in talking to this very lively group of young people. We were all very impressed by the level of awareness in these young kids and hopefully it will be reflected in a decline in skin cancers in years ahead.

Paul Kolatchew



Members of Newcastle Permanent Charitable Foundation & HMF handover the new microplate reader to Professor Hersey's research team.

Vale Clifford McMaster

Before Cliff McMaster died as a result of his melanoma in August 2008 he made a special request to his wife Margaret that she make a donation to the HMF of \$1,000 for each year he had survived following brain surgery to remove his melanoma. The donation was in appreciation and acknowledgment of the wonderful care & support he had received during this time. Cliff's surgery was in 1998 and his wife recently made a donation of \$10,000 in accordance with his wishes. Our heartfelt thanks go to Margaret and her family in the knowledge that your generous support will help other melanoma sufferers in our region.



Treasurer's Report

Janelle Kirk

There's more than one way to raise a dollar

One of our members, Alan from Adamstown Heights, recently decided to have a clean out of the garage and shed and then paid a visit to Hunter Recyclers taking all his unwanted scrap metals. He then popped into the HMF to drop off his cheque. He thought others may be interested to know how easy it can be to raise some money and get rid of unwanted items.

Another member, Graham, leaves a Gimme 5 money box at Bones Bakery at Waratah and replaces it every couple of weeks. He's always amazed that it is full when he returns to pick it up. Mary Jolliffe from Taree continues to hold her garage sales, although she says after each one that "this will definitely be the last one!"

Gimme 5

Total funds raised to date from "Gimme 5" money boxes is **\$7700**. Thankyou to all who have donated! If you would like to receive another money box, please contact Jenny on 4985 0103.



Congratulations to Professor Hersey and his Research Team

Obtaining funding from the **National Health and Medical Research Council** is extremely competitive so we were delighted when Professor Hersey's research into the resistance of melanoma cells to chemotherapy received a grant of \$500,000.

This project has also been supported by the **Newcastle Permanent Charitable Foundation** with a grant to assist in the purchase of the Microplate Reader. This state-of-the-art piece of equipment will enable the processing of additional tumour samples faster and more efficiently and provide a more accurate result and will provide the facility for more melanoma patients to participate in these research trials.

The HMF PhD Scholar, David Wroblewski, is also working on this project and as previously advised funding from the **Association 41 Masonic District** and **masoniCare** will support David's second year of his PhD.



David Wroblewski and Carol Burns

Secretary of Association 41, Carol Burns visited the research laboratory recently to meet David and discuss his research. Carol's interest is a little more than wanting to know how the funds would be utilized as her brother has been a participant in melanoma research trials over the past three years.

Merewether Nippers

When Lauren Soars asked HMF to speak to the junior Nippers, she also said she wanted to raise some money for us. So with the assistance of club members, a BBQ was held in conjunction with our visit in November raising \$238. Thank you Lauren and all who helped on the day.

Open Garden

Thank you to Geoff and Bronwen Tyler who opened their garden to the public in November as part of Australia's Open Garden Scheme raising in excess of \$2,000.

You might also have an innovative way to raise some funds – we look forward to hearing from you.

Elmore Vale Lions/Adamstown-New Lambton Rotary Charity Golf Day

• Merewether Golf Course - Monday 16 March

Thank you to the Lions and Rotary clubs for once again choosing the HMF as a co-beneficiary of this event. Proceeds of the day will be shared with Hunter Life Education. Sponsors, players, volunteers and prizes are needed – please contact Jenny if you can help on the day or are interested in sponsoring a hole, playing or can donate prizes. Sponsorship and player details are included in the newsletter.

Sharks, tigers and bears run riot at Merewether



Whether you have the *drive of Tiger* or you're just a weekend hacker - you're invited to our Charity Golf Day! Presented by great supporters of the HMF the Lions Club of Elmore Vale & Rotary Club of Adamstown/ New Lambton - this years event will be held on **Monday March 16 at Merewether Golf Club**.

Traditionally a great day out with exceptional sledging, prizes as well as some impressive and not-so-impressive golf shots - you should book your team or individual spot early to ensure you don't miss out! Hole sponsorship available to maximise your exposure and support the HMF. Hole sponsorship \$375 (includes 1 player), individual players \$60 – all includes dinner. Contact Jenny on **4985 0103** for application forms and further info.

Funds raised go to the Hunter Melanoma Foundation and Hunter Life Education.



The past two events have been very successful and we look forward to your support to make this an even bigger and better day.

My Big Fat Greek Fundraiser

• Greek Taverna, Hamilton - Saturday 21 March

After having dinner at the Greek Taverna in Hamilton, Margaret Walker (a long time HMF supporter and race day attendee) thought it would be a great venue to hold a fundraiser – a Big Fat Greek Fundraiser! Tickets are just \$50 each – which includes dinner (including red and white wine) and I have it on good authority that there will be raffles and heaps of great prizes to be won.

PhD Scholarship

The tremendous support received from Association 41 Masonic District has enabled us to fund the second year of David Wroblewski's PhD Scholarship.

Speaker Spot!

If you have an organisation or group who would be interested in a guest speaker on melanoma please contact Jenny Noblet on 4985 0103 and help spread the word.



Research Update

C/ Professor Peter Hersey
Research Director Newcastle Melanoma Unit

Why do female patients with Melanoma survive longer than male patients?

It has been known for some time (since 1981) that female patients survive longer than males even when other factors such as the thickness of the primary melanoma and age are taken into account. A recent study from Holland on over 10,000 patients has confirmed this finding. They believed the results could not be accounted for by hormonal treatment of the patients or sun exposure habits or dietary factors. Recent immunotherapies have concentrated on inducing autoimmune reactions (immune system reacting with self tissues) and females are known to be more prone to develop autoimmune diseases such as rheumatoid arthritis and thyroid diseases. This could play some part in the better survival of women from melanoma.

An investigator from France however has been exploring whether it may be related to genes on the sex chromosomes. Humans have 46 chromosomes in total. Females have two X sex chromosomes and men have one X and one Y sex chromosome. By looking at genes that are over or under



7pm Saturday March 21

Greek Taverna (Steel St Hamilton) • \$50 per head

You invite your friends, your cousin Nick, Marika, the whole family to big Greek Shindig. Is good fundraiser for HMF! You pay fifty dollar you get bewdiful buffet and red & white wine served to your table. You gotcha raffles, you gotcha prizes, you gotcha food, friends and fun...bewdiful.

*Getcha tickets early 'cause they'll be all gone in a coupla days!
Tables of 8 or individuals. Call Jenny on 4985 0103, fax your order through to 4985 0101 or email melafdn@tpg.com.au*

expressed on the sex chromosomes he was able to identify loss of a gene from the Y chromosome that was strongly associated with a poor survival. The gene concerned may be associated with more rapid growth of melanoma and hence may help to understand the difference in survival from melanoma. I will keep the readership up to date on this new insight.

The use of Dermoscopy in the diagnosis of Melanoma and update on Melanoma

The Hunter Melanoma Foundation was the main sponsor of a training session for general practitioners run by the Hunter Postgraduate Medical Institute held on September 13th and 16th, 2008. On the 13th September Dr. Scott Menzies gave a three hour teaching course on the recognition of pigmented skin lesions using dermoscopy. Dr. Menzies is an internationally recognized expert on dermoscopy and provided many new insights into the diagnosis of melanoma with the aid of dermoscopy. The course was well attended and we hope they can be repeated on a regular basis.

On the 16th September members of the Newcastle Melanoma Unit gave an overview of melanoma in general and the services offered by the Melanoma Unit. There were 37 attendants at the seminars and again the course was well received. Sister Collins gave an overview of the Newcastle Melanoma Unit, Dr. Mike Reid gave an excellent talk on diagnosis of melanoma and Dr. Pauline

Hanrahan discussed the main people at risk of dying from melanoma. Dr. Mark Formby reviewed the pathological diagnosis and Drs. Levy & Douglas discussed surgical management. The seminar closed with a talk by Professor Hersey on management of patients with advanced melanoma. The attendees all said the seminar was highly relevant to their practice and we hope will further improve the management of this disease.

Continuing the focus on overcoming resistance of Melanoma to treatment - why the National Health & Medical Research Council is funding our research

Fortunately over 90% of patients who develop melanoma are cured by surgical excision of the disease. However, once melanoma spreads beyond the skin and draining lymph nodes it has proven very difficult to treat by a variety of different chemotherapeutic and biological agents. This is shown by the fact that chemotherapy with an agent (DTIC) introduced in 1973 is still the best single agent for treating metastatic melanoma despite testing with many other agents over the past 35 years!

Our research over the past few years has sought to understand why most melanoma are resistant to available treatments and have focused on the actual mechanisms involved in killing of melanoma. These studies are starting to provide valuable

insights into how treatment may be improved, e.g. by combining chemotherapy with inhibitors of certain pathways in melanoma cells. Fortunately a number of pathway inhibitors are available and we hope to test them in combination with chemotherapy over the next few years.

Our work has been particularly important in understanding how melanoma cells become so resistant. It is believed that melanoma cells become stressed by lack of energy and oxygen and, whereas normal cells die when faced with these stresses, melanoma undergoes a Darwinian type selection and adaptation resulting in their survival. We will now focus on how to inhibit these adaptive mechanisms in new treatment initiatives.



Foundation News

Jenny Noblet

Masons

I attended a dinner in late September to receive cheques from Masonic Lodges Friendship and Enterprise. These funds were part of the two year fundraising project undertaken on our behalf by District 41. I have had the pleasure of attending a number of Masonic dinners during the past two years and am always welcomed with warmth and hospitality.

Warners Bay High

Year 12 is such a huge year crammed with study, sport and socialising, yet the Year 12 students from Warners Bay High still found time to fundraise during their final year. Melissa Connelly, the schools Year 12 advisor had contacted me earlier in the year to say that the students would like to raise funds for the HMF. She said that she had been surprised to find out recently that melanoma can affect young adults and that she felt this was a great opportunity to raise both funds and awareness in this age group.

I was invited to attend the Year 12 Awards Presentation and was presented with a cheque for \$1,000.

It was a pleasure to have been a guest at the presentation which recognised the high achievers and also included performances from some very talented students and I am sure these fine young adults will make a valuable contribution to our community.

Open Garden

As part of the Australia's Open Garden Scheme, Bronwen and Geoff Tyler opened their beautiful garden "**Mulchalot**", to the public in mid-November with funds from the day coming to the HMF. They were very lucky with the weather as the forecast at one stage was for rain on and off all weekend.

At the time the Tyler's purchased the property in 1995 it was a square paddock with 10 trees and a run down stable. After their home was built in 1996 they set to work on the garden with the assistance of Helen Whalan. Not being serious 'green thumbs', Bronwen & Geoff needed a



Enjoying the tranquil surrounds

garden that wouldn't be high maintenance so wanted a number of trees - deciduous trees for shade during summer. London plane trees were planted to shade from the westerly sun and evergreen Alders, Fiddlewoods and Brushboxes were planted on the boundaries for screening. A hedge on the north boundary and a cottage garden to the north west of the house were planted. The dressage area was rather bare and a garden was planted at the southern end, and a hedge of Dr Clifford Parkes camellias at the northern end. The Photinia hedge gave a sense of enclosure.



Geoff and Brownwen's beautiful garden "Mulchalot"

Becoming tired of mowing between trees, they decided to mulch between them – thus **Mulchalot** was born. Small garden beds came later to fill the gaps between the trees. The garden was not built to a detailed plan and continues to evolve.

Approximately 500 people visited over the two days enjoying the tranquil setting of this lovely garden tucked away in Mt Hutton.

Newcastle Business Club Annual Golf Day

It was a fairly warm day on the golf course so teams certainly welcomed the relief of an air conditioned club house for a cold drink and, once cooled down, very generously supported our raffle. Although the event is not a fundraiser, the Newcastle Business Club committee allowed the HMF to hold a raffle at the end of the day. Thank you to Valentine Business Development, Vodafone and Bunnings who all donated fabulous prizes – which made the selling of the tickets very easy. Thanks also to Bob & David Wilson and Micah Jenkins who organised the day and a number of the prizes.



Education Report

Carole Hooper

Stockton Centre

We once again participated in the staff health and wellness day held at Stockton Centre in October. Over 200 staff visited the various information areas.

Sun Safety in Schools

The program will be continuing in 2009 and if you would like a school visit please contact Jenny Noblet on 4985 0103.

Getting Gorgeous (and Sun Safe) with Mineral Makeup

The cosmetic industry is very aware of the need for products that provide good sun protection, especially in the Australian climate and we are fortunate that we have a number of quality products to choose from, at a reasonable price. Mineral makeup is the latest 'buzz' word at the cosmetic counter and provides some sun protection as well as making you look great.



Just what is mineral makeup? If you've opened a fashion magazine, you've seen an ad for these soft, shimmery cosmetics. Worn either as foundation or setting powder,

mineral makeup gives the skin matte (no-shine) coverage and a natural-looking finish. And thanks to the sunscreen ingredients zinc oxide and/or titanium oxide in many formulations, mineral makeup can also supplement sun protection.

For extended wear, mineral makeup should ideally be used in addition to rather than instead of a separate SPF 15+ sunscreen product.

Slip, Slop, Slap becomes Slip, Slop, Slap, Seek, Slide

Slip! Slop! Slap!, the catchy slogan which has formed the backbone of SunSmart's sun protection campaigns since the eighties, is being updated as evidence shows there's more to sun protection than slipping on a shirt, slopping on sunscreen and slapping on a hat.

The words **Seek** and **Slide** have been officially added to the list of sun protection behaviours and SunSmart is urging Australians to also **Seek shade** and **Slide on some sunglasses** from September to the end of April, the period when UV levels can be strong enough to damage skin and eyes and lead to skin cancer.

Particular care should be taken between 10am and 2pm (11am & 3pm daylight saving time) when UV Index levels reach their peak.

Slip Slop Slap Seek Slide!

- 1. Slip** on sun-protective clothing - that covers as much skin as possible
- 2. Slop** on SPF30+ sunscreen - make sure it is broad spectrum and water resistant. Put plenty on 20 minutes before you go outdoors and every two hours afterwards. Sunscreen should never be used to extend the time you spend in the sun
- 3. Slap** on a hat - that protects your face, head, neck & ears
- 4. Seek** shade
- 5. Slide** on some sunglasses - make sure they meet Australian Standards

We know the Slip! Slop! Slap! message is ingrained in the psyche of most Australians and the Cancer Council is building on this in current and future campaigns by adding the two additional messages. It's important we continue to reinforce SunSmart habits in children as sun protection, particularly during childhood and adolescence, is a key factor in helping to minimise the risk of skin cancer.

There is strong evidence to show shade and correct eyewear are equally important parts of the sun protection message.

John Greenwood, an architect and shade consultant to the Cancer Council Victoria said, "Shade alone can reduce overall exposure to UV radiation by up to 75%, so it really should be the first line of defence, especially when people are outdoors. This is particularly important for infants and children because UV exposure in the early years has a significant impact on the likelihood of developing skin cancer later in life."

Shirley Loh from the Optometrists Association Australia said, "Exposure of the eyes to UV radiation can cause both short-term effects including corneal sunburn, sore, watery eyes and blurry vision as well as long-term ocular damage such as development of cataracts, and cancer of the eye surface and eyelids. Sunglasses should be a close fitting, wrap around style that covers as much of the eye area as possible. They should also meet the Australian Standard 1067.

Sunburn and Skin Cancer Risk

Repeated sunburn **will** increase your risk of melanoma.

All types of sunburn, whether serious or mild, can cause permanent and irreversible skin damage. Further sunburn only increases your risk of skin cancer.

Danger Times for Sunburn

Ultraviolet (UV) radiation is most intense 10am-2pm (or 11am-3pm during daylight saving).

In Australia, sunburn can occur in less than 15 minutes on a fine January day.

As UV radiation is not related to temperature, many people get sunburnt when the temperature is between 18 and 27 degrees. People are most likely to get burnt when taking part in activities like gardening or sitting in the park.

By being aware of these facts and protecting your skin when UV radiation levels are dangerous, you can avoid sunburn and lower your risk of skin cancer.

What is Sunburn?

Sunburn is a reaction to exposure to ultraviolet (UV) radiation. The top layers of your skin release chemicals that cause your blood vessels to expand and leak fluids, causing inflammation, pain and redness.

Without protection, UV radiation (both UVA and UVB) will immediately start to penetrate deep into the layers of your skin, damaging the skin's cells.

Skin turns red within two to six hours of being burnt. It will continue to develop for the next 24 to 72 hours.

UVA Radiation

UVA radiation penetrates deep into the skin, affecting the living skin cells that lie under your skin's surface. UVA causes long-term damage like wrinkles, blotchiness, sagging and discoloration, and also contributes to skin cancer.

UVB Radiation

UVB radiation penetrates the top layer of skin and is the main cause of skin tanning and sunburn.

Peeling

Damaged skin cells self-destruct and peel off in flaky sheets. It is the body's way of getting rid of damaged skin cells that might develop into cancers.

Skin Cancer Statistics

- Over 380,000 Australians are treated for skin cancer each year – that's over 1,000 people every day
- Over 1,600 Australians die from skin cancer each year
- Skin cancer costs the health system around \$300 million annually, the highest cost of all cancers
- Australia has the highest rate of skin cancer in the world. Skin cancers account for around 80% of all new cancers diagnosed each year in Australia. Each year Australians are four times more likely to develop a common skin cancer than any other form of cancer
- The melanoma incidence rates in Australia and New Zealand are around four times as high as those found in Canada, the United States and the United Kingdom

UV Exposure and Vitamin D: Striking the right balance

The sun's ultraviolet (UV) radiation is both the major cause of skin cancer and the best source of vitamin D. In Australia, we need to balance the risk of skin cancer from too much sun exposure with maintaining adequate vitamin D levels. Sensible sun protection does not put people at risk of vitamin D deficiency.

What is Vitamin D?

Vitamin D forms in the skin when it is exposed to UV from sunlight. It can also be obtained from some foods. We need vitamin D to maintain good health and to keep bones and muscles strong and healthy.

How much sun do we need for healthy bones?

The best source of vitamin D is UV-B radiation from the sun. UV radiation levels vary depending on location, time of year, time of day, cloud coverage and the environment.

Whenever UV radiation levels reach 3 and above, most people need to use sun protection as that is when UV levels can damage the skin and eyes and lead to skin cancer. When UV levels are below 3, most people do not require sun protection unless they are in alpine regions or near highly reflective surfaces such as snow or water.

In New South Wales average UV levels are 3 and above from the beginning of September through to the end of April. During these months, a few minutes of UV exposure to the face, arms and hands or equivalent area of skin, should be enough for most people to maintain adequate vitamin D levels.

From May to August, average UV levels are below 3 so greater exposure time is required to maintain vitamin D levels.

To check UV levels & the times sun protection is required, look at the SunSmart UV Alert in the weather section of the daily newspaper or go to www.bom.gov.au/weather/vic/vic-uv-index-map.shtml. When UV levels are below 3 'NO UV Alert' is issued.

Who is at risk of Vitamin D deficiency?

Some people may not be able to access the sun exposure required to help them maintain their vitamin D levels. These groups may be at risk of vitamin D deficiency. They include:

- naturally dark skinned people
- people who cover their skin for religious or cultural reasons
- the elderly & people who are housebound or in institutional care
- babies and infants of vitamin D deficient mothers, especially breastfed babies
- patients with osteoporosis.

People in these groups should consult their doctor for advice on whether they need to take a vitamin D supplement.

Diary Dates

March

- Charity Golf Day - Monday 16 March
Merewether Golf Club
- My Big Fat Greek Fundraiser - Saturday 21 March
Greek Taverna, Steel St, Hamilton



THANKYOU for your support

- | | | | | |
|-----------------------|-----------------------|-----------------------|---|-----------------------------------|
| Lynn Stewart | A Smith | Cessnock City Council | Gwen Smith | Slovenia Association Tivoli |
| Annie King | Hackney Family | S O'Donnell | I Crump | M & E Grossman |
| Kim Armstrong | V Presker | B & N Smith | M Nichols | Mrs P Klopccic |
| Mike Nolan | Mary Joliffe | W Jackson | Smith Family | Mr R Clifton |
| Joan Screen | M A Presker | V Owen | M McMaster | Mr F Breznik |
| Darryle Harman | Lodge Enterprise | Mrs J Quinn | S Cromarty | Slovenia Society Sydney |
| Sally Blake | Lodge Friendship | Murrurindi Lions | S Hilder | Mr W Bartlett |
| Christine Galvin | Amanda Brake | Walcha Lions | Dudley School | Bones Bakery |
| Ian Saunders | Warners Bay High | J Clarence | Just Liberated | Judith Walker |
| Annya Tychsen | Sylvia Riley | B Seston | S Dunn | Lorna Dooley |
| Michelle Toovey | Medowie Public School | M Dunn | Curves Charlestown | Michael Ludowici |
| Brent Jones | Yvonne Arkless | J Screen | Hayley Soady | J R Atkinson |
| C Hill | J Hartley | D Harman | Richard Kelly | Janice Plumridge |
| T Henderson | F Welsh | Greta Bakery | Ruby Edwards | Lakes 4X4 Touring Club |
| D Chandler | AH James | W J Bennett | BBC Outcasts Social Club | Wendy Stuart |
| K Lawson | D Downie | Mrs Edwards | Newcastle Permanent Charitable Foundation | Patti Warn |
| B Thornton | LIFP Consultants | Miss McLennan | Newcastle Business Club | The Catalina Flying Memorial Ltd. |
| Mr Russell | Merriwa Spinners | C Kendall | B Bradley Wangi Community Fund | Junction Village Pharmacy |
| J Hartcher | A Blows | Mrs Mahorcic | New Lambton Bowling Club | G & C Vaughan |
| Forsythes | M Maudsley | Mrs Ronayne | Warners Bay Sports Club | Roslyn Graham |
| Mystes Roase No. 100 | A Rice | June Howarth | Scone RSL Lady Bowlers | Jane Thornton |
| B & G Douglass | Lance Hogg | L Logan | Mayfield No. 53 Eastern Star | |
| M McMaster | Muswellbrook Lioness | G & B Tyler | I Manton | |
| Central Coast Options | Nance Gates | June Walsh | | |
| National Park Croquet | B Murphy | V Shoesmith | | |
| Egras Pty Ltd | G Stick | G Hamilton | | |



Yes, I would like to help fight melanoma.

Enclosed is my gift to be used for research, treatment, education, service and care for melanoma patients in our region.

Please find enclosed my tax deductible donation for \$ _____

I have enclosed my cheque / money order made payable to: **Hunter Melanoma Foundation**

OR please charge my credit card Bankcard Visa Mastercard

Card Number Expiry

Name _____

Address _____ Postcode _____

Signature _____

Please return your gift to: **Hunter Melanoma Foundation PO Box 278 Waratah NSW 2298.**