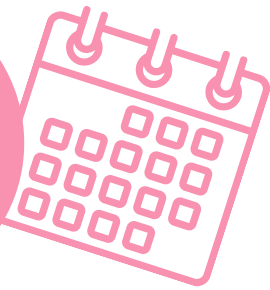


CHECK THE EXPIRY DATE



Apply



20 min

BEFORE YOU GO OUTSIDE

USE AT LEAST ONE TEASPOON PER EXPOSED LIMB



= 5 ml



CORRECT SUNSCREEN APPLICATION

ONE TEASPOON FOR EACH ARM, EACH LEG, FRONT TORSO, BACK TORSO, FACE (INCL NECK AND EARS)

THIS MEANS A FULL BODY APPLICATION IS 35ML OF SUNSCREEN = 7 TEASPOONS

7 x



= 35ml

KNOW YOUR UV

USE SUN

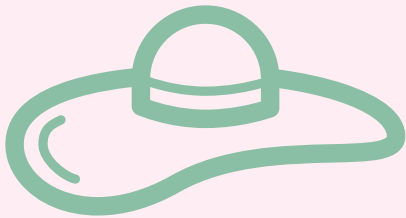
PROTECTION

WHEN UV IS ABOVE 3

REAPPLY EVERY TWO HOURS MORE OFTEN IF SWIMMING OR SWEATING



DON'T RELY ON SUNSCREEN ALONE



WEAR A WIDE
BRIMMED HAT

USE 50+
SUNSCREEN



WEAR
SUNGLASSES

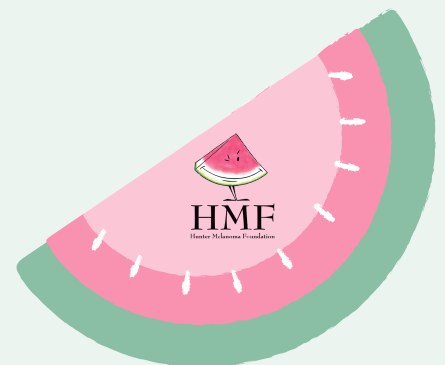
WEAR
PROTECTIVE
CLOTHING



SEEK SHADE



CHECK YOUR
SKIN EVERY
3 MONTHS
OR AT THE CHANGE
OF SEASON



...use your melon,
save your skin