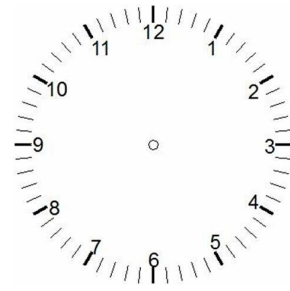


Day _____

Time _____

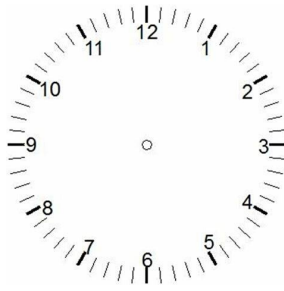
UV Reading _____



Day _____

Time _____

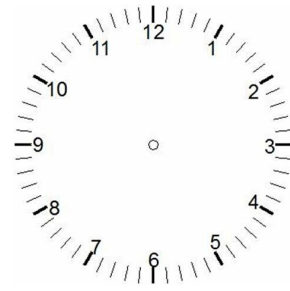
UV Reading _____



Day _____

Time _____

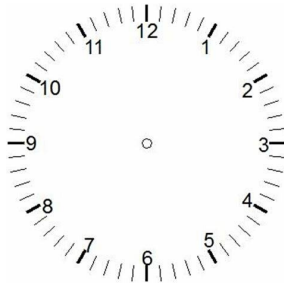
UV Reading _____



Day _____

Time _____

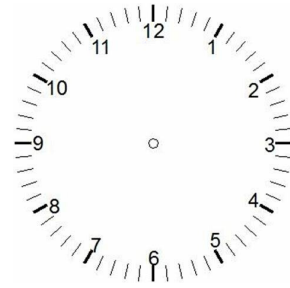
UV Reading _____



Day _____

Time _____

UV Reading _____



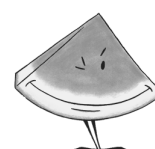
Day _____

Time _____

UV Reading _____

Draw the time, check the UV reading and record it with the day and time.

Sun protection is required when the UV is above _____



HMF
Hunter Melanoma Foundation